

Bachelor of Arts in Psychology with an Emphasis in General Psychology

Bachelor of Arts in Psychology with an Emphasis in Sport and Exercise Psychology

A. University Core

45 hours

- BIB 1310 Introduction to the Old Testament
- BIB 1320 Introduction to the New Testament
- BIB 3305 Christian Heritage
- BIB 3310 Christian Life
- COM 2340 Communication for the Professional
- ENG 1301 Composition Studies
- ENG 1302 Composition and Literature
- PSY 1300 Introduction to Psychology
- 3 hours from HIS
- 3 hours from ECO, FIN, GOV, or HIS
- ESS 1200 Personal Fitness and Wellness
- UNI 1170 University Seminar
- MAT 1311 College Algebra
- 3 hours from BIO, CHE, NRC or PHY
- ENG 3308 Technical Writing
- 3 hours from AFA, Arts History, ENG, GOV, HIS, PHI, REL, FOL, or BIL
- UNI 2000 University Skills

B. Major

39 hours

Select an Emphasis from

General Psychology Emphasis

- PSY 2310 Lifespan Human Development
- PSY 3302 Counseling Theories and Techniques
- PSY 3303 Abnormal Psychology
- PSY 3311 Introduction to Counseling Professions
- PSY 3327 Physiological Psychology
- PSY 3381 Social Psychology
- PSY 4302 Theories of Personality
- PSY 4304 Psychological Testing
- PSY 4307 Learning, Cognition and Emotion
- PSY 4390 Practicum

6 hours upper level PSY

Sport and Exercise Psychology Emphasis

- PSY 2310 Lifespan Human Development
- PSY 3302 Counseling Theories and Techniques
- PSY 3303 Abnormal Psychology
- PSY 3311 Introduction to Counseling Professions
- PSY 3327 Physiological Psychology
- PSY 3381 Social Psychology
- PSY 4302 Theories of Personality

	PSY	4304	Psychological Testing	
	PSY	4307	Learning, Cognition and Emotion	
	PSY	4390	Practicum	
	ESS	3324	Sport in Society	
	ESS	3335	Exercise Psychology	
	ESS	3356	Sport Psychology	
C.	Supporting Courses			18-24 hours
	General Psychology Emphasis			18 hours
	SOC	1300	General Sociology	
	HSC	3313	The Family	
	SWK	2320	Social Justice	
	PSY	2340	Psychology of Diversity	
	PSY	3310	Statistics	
	PSY	3320	Social Research Methods	
	Sport and Exercise Psychology Emphasis			24 hours
	SOC	1300	General Sociology	
	PSY	3310	Psychological Statistics	
	PSY	3320	Social Research Methods	
	ESS	3310	Human Movement	
	ESS	3340	Motor Learning and Control	
	ESS	3371	Physiology of Exercise	
	6 hours from			
	ESS	3321	Leadership in Exercise and Sport Sciences	
	ESS	4330	Internship in Exercise and Sport Sciences	
	ESS	4350	Principles of Strength and Conditioning	
	ESS	4382	Lifespan Motor Development	
D.	Electives			18 hours
E.	Summary			
	University Core			45 hours
	Major			39 hours
	Supporting Courses			18-24 hours
	Electives			18 hours
	Total			120-126 hours